

REGISTRATION FORM

**Three Days Workshop
on
“ Healthy Working Lifestyle ”
For Ladies Supporting staff
(8th -10th March, 2018)
(Sponsored By TEQIP-III)**

Name of Participant:

Designation :

Name of the Organization:

Mailing Address:

Tel. No. :

Mobile No. :

Fax :

E-mail ID :-

Date :

Signature of Applicant :

Seal and Signature of Sponsoring Authority

Patrons

Dr. Sesha Iyer

Chairman ,BoG, Sardar Patel College of Engineering

Dr. P. H. Sawant

Principal, Sardar Patel College of Engineering
Andheri (West),Mumbai-400058

Dr. M. M. Murudi

Vice-Principal,
Sardar Patel College of Engineering
Andheri (West),Mumbai-400058

Dr. Anupa G. Sabnis

TEQIP Coordinator
Sardar Patel College of Engineering
Andheri (West),Mumbai-400058

Programme Coordinator

Ms. V. P. Joshi ,

Sardar Patel college of Engineering, Mumbai
v_joshil@spce.ac.in, - 9757120226

Course Organizing Committee

Mrs. Samidha Walawalkar

samidha.walawalkar@spce.ac.in
9869527879

Course Faculty

Dr. Anuradha Pai –Sion Hospital
Dr. Mrs.shailaja Jaywant Sion Hospital
Mr. Badhiye – Naturopathist
Dr. Shyamlee D. Solanki - SPCE – MUMBAI
Ms. Krutika Solanki
Smt. V.P.Joshi – SPCE – MUMBAI

Three Days Workshop

on
“ Healthy Working Lifestyle ”
For Ladies Supporting staff
(8th -10th March, 2018)
Under TEQIP-III



Organized By

Sardar Patel College of Engineering
(Government Aided Autonomous Institute Permanently
Affiliated To University of Mumbai)
Andheri, (West), Mumbai- 400 058.

Venue

**MTDC,KARLA
Lonavala**

About SPCE

Sardar Patel College of Engineering under the management of the Bhartiya Vidya Bhavan, was founded by kulpati Dr. K. M .Munshi. It was established to meet the growing demand of engineering talent. The foundation stone of the college was laid on 17th September 1961 by Shri. Y.B. Chavan (Chief Minister of Maharashtra who later became the defense minister of India).

The college was inaugurated by the First Prime Minister of India, Pandit Jawaharlal Nehru in 1962. The college is dedicated to Sardar Vallabhai Patel, an eminent nation builder of independent India. The college is autonomous and affiliated to the University of Mumbai for Full-time degree and post graduate degree courses.

The institute has set high standards for aspiring engineering students and also meets the needs of quality education in challenging world of business .Over last 50 years the college has gained an excellent reputation in the field of technical education.

SPCE is one of the few colleges that have received Grade 'A+' rating for its aided courses from the Govt. of Maharashtra which certifies the spirit of excellence that the institute has symbolized and always practiced. Institute has celebrated its golden jubilee in the year 2012.

About the Workshop

SPCE is organizing "Three days workshop" for supporting staff under TEQIP. This workshop is arranged to serve one of the objectives of TEQIP that is enhancing institutional and system management effectiveness.

Course Objective

1. To know about yourself.
2. Awareness on health & fitness.
3. Understanding role of woman at different level.
4. Coping with responsibility and change in daily life.

IMPORTANT DATES :

Last date for the registration : **27th February 2018**

Confirmation of participants for course by Email:
01st March 2018

Outcome of the Workshop

After successful completion of the workshop participants will be able to :

1. To be ready to fit Mentally & Physically.
2. Understanding adequate steps to be taken to maintain health. (physical and psychological)
3. To take up responsibility with dedication at various levels to maintain work life balance.

REGISTRATION FEES:Rs.12,500/- (Including of Taxes) per participant

(Including breakfast, Tea, Lunch, Dinner and accommodation for Three days)

Registration fees will have to be paid by Demand Draft of Nationalized Bank in favour of "**The Principal, Sardar Patel College of Engineering, Andheri, Mumbai**" Payable at Mumbai
No fess shall be payable by staff member from TEQIP Institute

Eligibility: Workshop is intended for Ladies staff, especially for Administrative staff. Only 30 participants will be selected on first come first serve basis.

No TA/DA will be provided from this institute.

* Note :

1. Registration Fees Rs.12500/-
(for participants from Non-TEQIP institution)
2. Travelling Expenses to be borne by the participant
3. This is Three day residential Course